



# Love, Infatuation, Friendship, Exploitation

## Learning about L.I.F.E. Plus

by Sr. Kieran Sawyer, S.S.N.D. & Dr. Kathie Amidei

Learning about L.I.F.E. Plus is a FAMILY-based program for use by faith-based organizations and school leaders to guide parents in offering their children a foundation for healthy and loving relationships.

A variety of interactive, age-appropriate sessions, designed to be used with children ranging from pre-school through high school, encourage parents to talk with their own children about such sensitive topics as relationships (positive and negative), sexuality, chastity, character formation, and abuse prevention.

The Learning about L.I.F.E. Plus™ program has been used in churches and schools across the nation, and empowers their leaders to guide parents through these important conversations with their children.

The Proud to Protect™ children curriculum is designed on the belief that parents are the first and most important teacher in a child's life and therefore must be involved in any curriculum about child safety. Therefore, Proud to Protect offers three curriculum options for the Learning about L.I.F.E. Plus program:

- **Family**  
Trained facilitator work with parents to facilitate an interactive, engaging conversation between the parents and their children.
- **Classroom**  
A trained facilitator teaches students in a traditional classroom and sends home parent packets so families can learn together at home.
- **Home**  
Parents are trained to teach their children the prescriptive, age-appropriate curriculum in their home.



Family-based training where parents and children learn together about healthy and unhealthy relationships. Your organization's facilitators are trained online and have access to all curriculum and materials to deliver the program in your facilities.

<https://ProudtoProtect.com/learning-about-l-i-f-e-plus/>

